

Sept - Dec 2019

# Learn to Skate Registration

Register online@ [twinponds.com](http://twinponds.com) or  
Complete the Skater's info below

Skater's Name: .....

Address: .....

City: ..... State: ..... Zip: .....

Guardian's Name: .....

Cell Number:.....

Emergency Number: .....

Email Address: .....

Skater's Birthdate: ...../...../..... Age: .....

Male: .... Female: .... USFS #: .....

Have you previously attended classes?  
 Yes, Last Level Passed \_\_\_\_\_ No: \_\_\_\_\_  
 \_\_\_\_\_ I am interested in learning more about Private Lessons  
 How did you hear about Learn to Skate? \_\_\_\_\_

## FALL SESSION 1 - 8 weeks \$102 BOGO \$153

\_\_\_\_\_ Mondays 5:45-6:45pm

9/9, 9/16, 9/23, 9/30, 10/7, 10/14, 10/21, 10/28

\_\_\_\_\_ Tuesdays TOTS 9:30-10:30am

9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29

\_\_\_\_\_ Thursdays TOTS 1:00-2:00pm

9/12, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24, 10/31

\_\_\_\_\_ Saturdays 9:00-10:00am

9/7, 9/14, 9/21, 9/28, 10/5, 10/12, 10/19, 10/26

## FALL SESSION 2 - 6 weeks \$76 BOGO \$114

\_\_\_\_\_ Mondays 5:45-6:45pm

11/4, 11/11, 11/18, NO 11/25, 12/2, 12/9, 12/16

\_\_\_\_\_ Tuesdays TOTS 9:30-10:30am

11/5, 11/12, 11/19, NO 11/26, 12/3, 12/10, 12/17

\_\_\_\_\_ Thursdays TOTS 1:00-2:00pm

11/7, 11/14, 11/21, NO 11/28, 12/5, 12/12, 12/19

\_\_\_\_\_ Saturdays 9:00-10:00am

11/9, 11/16, 11/23, NO 11/30, 12/7, 12/14, 12/21

**WINTER SESSION 1 JAN 6 - MARCH 21**

**WINTER SESSION 2 MARCH 23 - MAY 30**

**USFS FEE:** \$18 yearly USFS fee (Valid thru June 30, 2020)

**BOGO 1/2:** Buy 1 Class, Get One Half Off! Same skater/same session. 2 classes per week during the same session entitles you to half price cost on the 2nd class!



3904 Corey Road Hbg., Pa 17109



*With a little determination,  
knowing the right techniques and a little practice,  
learning how to ice skate can be easy  
and a lot of fun.*

*Whether your goal is to skate backward,  
spin really fast, score a goal or win a race,  
we have the know-how to help.*

*Remember, just like you,  
every champion had to begin  
with a few easy lessons!*



East: 3904 Corey Road Hbg., Pa 17109 717.558.7663

**Skating Director, Janice Reinke**

[icereinke@yahoo.com](mailto:icereinke@yahoo.com)

[www.twinponds.com](http://www.twinponds.com)

## Our Mission

To provide a fun and positive experience that will instill a lifelong love of skating.

Something happens the moment your kid's skates touch the ice. It's surreal. Empowering. It's the experience where kids learn much about skating, and themselves.

Your child learns glides, swizzles, edges and crossovers. Your child learns positivity, confidence and personal strength.



## USFS Learn to Skate membership

Your membership includes an official USFS Learn to Skate membership card

- \* Progress record book (received first year)
- \* A membership patch
- \* Sports accident insurance
- \* Learn to Skate Edition of SKATING magazine
- \* Opportunity to compete and perform in approved events

### Helpful hints:

- \* Arrive 15 minutes before class.
- \* Please allow for extra time first day of class.
- \* Dress warm - layers of clothing will help the skater with freedom of movement and gloves/mittens are a must.
- \* Helmets are highly recommended for all beginners.
- \* Skates should fit snugly. Wear thin socks for a more accurate fit. \* Make up classes are allowed for a missed class during any other classes offered during your same session period.
- \* Weather cancellations - please check our website for latest updates/cancellations.



## Why Choose Ice Skating?

Learning how to ice skate builds strength, develops confidence and teaches the value of perseverance.

As you begin your journey of learning how to ice skate, you will quickly realize that you are learning so much more than skating skills. You will be infused with the joy of improving every time you try something new.

Learn to Skate USA offers programs for skaters of all ages and abilities.

Our comprehensive method teaches everything from the basic fundamentals to advanced skating skills.

## Twin Ponds Skating School

Basic 1: Intro of basic skills: falling properly, skating forwards, forward swizzles, backwards, basic stop

Basic 2: 1 foot glides, back swizzles, forward to back turns

Basic 3: Forward stroking, pumps on circle, backward 1 foot glides

Basic 4: Forward outside/inside edges on circle, forward crossovers. 2 foot spin

Basic 5: Backward outside/inside edges on circle. Back crossovers, hockey stop, 3 turns

Basic 6: 3 turns, T stop, spiral, lunge, bunny hop

Pre-Freeskate and above: Mohawks, waltz jumps, step sequence, 1/2 flip, pivots, back turns, toe loops and more!

TOTS classes have a special curriculum designed especially for youngsters! These classes build confidence while incorporating fun and games making class time an enjoyable experience for all.

## Champion of the Day

Challenging kids makes them stronger than you can imagine, Learn to Skate USA strives to build your child's self confidence every session. They do learn to fall, but they learn to get back up! Given this strength, they might even learn to fly. Anything's possible once your kids gain the power they need to do good in the world.



## Parents

Lessons in skating become lessons in life. Like learning anything new, your child will experience many peaks and valleys when learning how to ice skate. And that's okay. It's more about the journey and the process along the way that will shape our children to one day become great people.

They will discover what interests them and be encouraged to cultivate their true passions.

## Teams cheering us on

Your skaters don't just skate. They become rockets on ice. They become modern gladiators battling to find the back of the net, be the first to cross the finish line, or launch themselves high into the air. Olympic national governing bodies U.S. Figure Skating, USA Hockey and US Speedskating support Learn to Skate USA for the many health, social and developmental benefits gained through ice skating.